

# Ashwaubenon School District

## Local Wellness Policy Triennial Assessment Report Card

Date Completed: July 2024

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Kaitlin Tauriainen, ktauriainen@ashwaubenonk12.org.

### Section 1: Policy Assessment

**Overall Rating:**  
**60/63 (95%)**

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
All meals meet or exceed current nutrition requirements established under the healthy hunger free kids act of 2010.	3
All foods and beverages sold outside of the school meal programs shall meet the standards established in USDA's Nutrition Standards for All Foods Sold in School (Smart Snacks) rule.	3

Nutrition Promotion	Rating
Limit in-school marketing of only those foods and beverages that meet Smart Snack Standards.	3
SNS shall use the smarter lunchroom self-assessment scorecard to determine ways to improve the school meals environment. SNS shall implement at least one smarter lunchroom technique at each school.	2
The district will offer at least one family-focused event supporting health promotion each year.	3

Nutrition Education	Rating
Teachers shall integrate nutrition into at least one other subject each year.	3

Physical Activity and Education	Rating
Continue offering athletic programs & intramurals.	3
Maintain/upgrade athletic facilities.	3
Continue to offer community activities.	3
Continue and education-based approach to phy ed classes.	3
Stay in compliance with WI model academic standards in phy ed programs.	3

Other School-Based Wellness Activities	Rating
Access to free drinking water in each lunchroom.	3
Adequate space to eat with pleasant surroundings.	3
Adequate time for eating.	3
Convenient access to handwashing/sanitizing stations.	3

Other School-Based Wellness Activities	Rating
Teacher to student incentives to include items other than food.	2

Policy Monitoring and Implementation	Rating
Offer all representatives the opportunity to meet to discuss policy.	2
Building administrators monitor for implementation of policy.	3
Child nutrition coordinator completes triennial assessment	3
Board updates public at meetings if changes to policy occur.	3
School newsletter informs families where to find policy and policy report card.	3

## Section 2: Progress Update

Extra-curricular activities are offered in all schools and age groups. We offer families the opportunity to participate in Family Gym Night at Pioneer Elementary School.

Teachers utilize nutrition in many different aspects of their curriculum, from math, to reading, problem solving, phy ed, science, etc.

Different schools offer different incentives to students based on their behavior. For example, Valley View offers The Hero program, and Pioneer offers the Jaguar Way Program to students which can be turned in for a variety of prizes.

The district scores a Gold Level on the Smarter Lunchrooms Technique scorecard. We have implemented digital menu boards, have salad stations for 4 of 5 schools, and have fruit and vegetable offerings neatly displayed to our kindergarten students at the one school who does not have a salad station. We strive to promote healthy options to our students and attractively display our food items. We also work with students to ensure we're offering them the kinds of foods they enjoy eating.

## Section 3: Model Policy Comparison

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School Assessment Tool (WellSAT) for comparison of the Local Wellness Policy to a Model Wellness Policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identified policy strengths and areas for improvement.

### Local Wellness Policy Strengths

The wellness policy is geared toward a healthy environment for students. The district has a very student-centered focus and aims to teach students healthy habits to carry into adulthood.

### Areas for Local Wellness Policy Improvement

It's hard to not offer food as an incentive for students. We will continue working on incorporating healthier foods as rewards, or offering non-food items.