

National Walk to School

Wednesday, October 7th, 2015



How will it work?

We ask parents, guardians and caring adults walk with their elementary school children to school on Oct. 7th. If you do not live within walking distance, you may either walk your child to the bus stop and wait with them or park a few blocks away from school and walk the rest of the distance. Please talk about safety and the dangers on the way.

What will children learn with your help?

- *Safe walking behaviors-how to cross streets; safe routes to school
- *How to wait at the bus stops safely
- *How to identify dangers along walking routes.
- *How much fun it can be to walk with people of all different ages.
- *This also helps encourage a healthy habit

**** Students are also encouraged to draw a map of their route to school. The project can be turned into their Physical Education teacher.**

Thank You,
Valley View Physical Education Department

_____ participated in the **National Walk to School Day on Wednesday, October 7th, 2015*** If you are too busy in the morning you may walk and talk the safe route to school on the weekend or evening. _____ Grade _____ Classroom Teacher

_____ Parent/Guardian Signature

- Turn this in to your Physical Education Teacher by October 9th, 2015 and get a chance to win a prize.