

OPTIONAL MODULE 3: ADVERSITY AND PROTECTIVE FACTORS

What to know before registering for this module:

- Best practice is to use the shortest survey that meets your school and community's needs.
- Even without adding this module, the standard high school and middle school surveys include questions on adverse events, stressors and protective factors.
- This module expands on the general area of adversity, stress, and protective factors. Note that there are more questions in this module at the middle school level (n=12) than the high school level (n=10), because this module adds two questions for middle school respondents that are already present on the standard WI high school survey.
- For this sample document, questions are numbered 1-10 for high schools and 1-12 for middle schools. On the actual survey, optional modules are added to the end of the standard high school or middle school version.

QUESTIONS INCLUDED AT HIGH SCHOOL AND MIDDLE SCHOOL LEVELS

[Q1] *During the past 7 days, on how many days did you: do something that you felt really good at? (Count schoolwork, sports, hobbies, work, volunteering, chores, helping people in your life, or anything else that you feel really good at.)*

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

The next two questions ask you to think back over things you may have experienced since this time last year, or over the past 12 months.

[Q2] *During the past 12 months, has anyone close to you planned, attempted, or died by suicide?*

- Yes
- No
- Not sure

[Q3] During the past 12 months, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned? [HS version]
[MS version: "...kicked out, ran away, or left behind?"]

- Yes
- No
- Not sure

The next three questions ask how often you feel "very stressed" about different parts of your life.

[Q4] How often do you feel very stressed about school or schoolwork?

- Never
- Rarely
- Sometimes
- Most of the time
- Always

[Q5] How often do you feel very stressed about friends or classmates?

- Never
- Rarely
- Sometimes
- Most of the time
- Always

[Q6] How often do you feel very stressed about your family or life at home?

- Never
- Rarely
- Sometimes
- Most of the time
- Always

The next questions ask whether you agree or disagree with the statement.

[Q7] I can work through my problems.

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

[Q8] I feel alone in my life.

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

[Q9] In my home, there is a parent or other adult who listens to me when I have something to say.

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

[Q10] I plan to go to college or some other school after high school. (Count a 4-year college, community college, or vocational training.)

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

MIDDLE SCHOOL ONLY QUESTIONS:

The following questions are **ONLY** included on the middle school version of this optional module, because they are already part of the standard WI high school survey in 2023.

[MS 11] Have you ever lived with someone who was depressed, mentally ill, or suicidal?

- Yes, I do now
- Yes, but not anymore
- No

[MS 12] During your life, how often has there been **an adult in your household who tried hard to make sure your basic needs were met**, such as looking after your safety and making sure you had clean clothes and enough to eat?

- Never
- Rarely
- Sometimes
- Most of the time
- Always

END OF THE ADVERSITY AND PROTECTIVE FACTORS OPTIONAL MODULE

OPTIONAL MODULE 4: SCHOOL CLIMATE

What to know before registering for this module:

- Best practice is to use the shortest survey that meets your school and community's needs.
- Even without adding this module, the standard high school and middle school surveys include questions on school climate.
- This module expands on the area of school climate. The module draws from questions on the Department of Education School Climate Survey and the Safe and Supportive Schools (S3) cluster of Wisconsin's previous YRBS. The Safe and Supportive Schools cluster was used extensively in the previous two online YRBS administrations. Some of the questions have been modified slightly for clarity.
- For this sample document, questions are numbered 1-10. On the actual survey, optional modules are added to the end of the standard high school or middle school version.

QUESTIONS

The next questions ask whether you agree or disagree with the statement.

[Q1] Violence is a problem at this school.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

[Q2] The things I'm learning in school are important to me.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

[Q3] There are lots of chances for students in my school to talk with a teacher one-on-one.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

[Q4] Students at this school get teased or picked on for being different.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

[Q5] There are lots of chances to be part of class discussions or activities.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

[Q6] There are lots of chances for students at this school to get involved in sports, clubs, and other activities outside of class.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

[Q7] My teacher(s) notices when I am doing a good job and lets me know about it.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

[Q8] This school feels friendly and welcoming.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

[Q9] Staff at this school enforce the rules for student behavior.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

[Q10] My teachers expect me to do my best all the time.

- Strongly agree
- Agree
- Not Sure
- Disagree
- Strongly disagree

END OF THE SCHOOL CLIMATE OPTIONAL MODULE