bellinhealth **Sports Medicine**

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Bellin Health Sports Medicine, Ashwaubenon School District Partner to Benefit Student-Athletes

ASHWAUBENON — Bellin Health Sports Medicine is excited to announce its partnership with the Ashwaubenon School District, which brings exceptional sports medicine services to the district's student-athletes, coaches, administrators and staff. The partnership, which went into effect July 1, underscores the commitment of both organizations to the health and well-being of the community.

Through this valuable partnership, Bellin Health will deliver comprehensive athletic training and sports medicine services to all students participating in the district's athletics programs. They will also offer support and guidance on issues such as injury prevention, conditioning, nutrition and sports psychology.

"We are delighted to work with the Ashwaubenon School District to provide high-quality care to their student-athletes and support staff," said Sports Medicine & Orthopedics Outreach Programs Director Phil Schaible. "We appreciate the importance of sports in our community, and we are proud to play our part in keeping these athletes safe and healthy. The Ashwaubenon School District has a rich history of success and tradition, and we are thrilled to join forces with another pillar of this community."

Bellin will have dedicated athletic trainers on site to guarantee the safety and well-being of the student-athletes during practices and games, providing immediate care and attention for any injuries or emergencies that may occur. Athletes in need of elevated care will receive prompt and easy access to Bellin's expert team at Bellin Health Titletown Sports Medicine & Orthopedics.

"We are excited to partner with Bellin Health to provide our students with access to top-notch services and care," said Nick Senger, Ashwaubenon High School Activities Director and Associate Principle. "Our student-athletes will be in the best hands when injuries occur; and as importantly, have opportunities to learn about the psychology of sport, nutritional benefits and strength and conditioning programming to maximize their potential. We look forward to working with Bellin to enhance and strengthen our athletic programs. The reputation of Bellin Health as an organization partnering with schools in our communities is of the highest regard."

In addition to the current services, the partnership between Bellin Health and the Ashwaubenon School District will expand to include strength and conditioning services, allowing student-athletes to further optimize their training and performance. This impending addition will provide an opportunity for student-athletes to train under the guidance of certified strength and conditioning specialists, helping them reach their full potential while reducing the risk of injuries.

More information about Bellin's sports medicine and orthopedic services is available at <u>bellin.org/titletown</u>. More information about the Ashwaubenon School District is available at <u>www.ashwaubenon.k12.wi.us/</u>.

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