

# Ashwaubenon School District

## Local Wellness Policy Triennial Assessment Report Card

Date Completed: March 2021

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Kaitlin Tauriainen, [ktauriainen@ashwaubenonk12.org](mailto:ktauriainen@ashwaubenonk12.org).

### Section 1: Policy Assessment

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*Overall Rating:*  
*58/63 (90%)*

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Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
All meals meet or exceed current nutrition requirements established under the healthy hunger free kids act of 2010.	3
All foods and beverages sold outside of the school meal programs shall meet the standards established in USDA's Nutrition Standards for All Foods Sold in School (Smart Snacks) rule.	3

Nutrition Promotion	Rating
Limit in-school marketing of only those foods and beverages that meet Smart Snack Standards.	3
SNS shall use the smarter lunchroom self-assessment scorecard to determine ways to improve the school meals environment. SNS shall implement at least one smarter lunchroom technique at each school.	0
The district will offer at least one family-focused event supporting health promotion each year.	3

Nutrition Education	Rating
Teachers shall integrate nutrition into at least one other subject each year.	3

Physical Activity and Education	Rating
Continue offering athletic programs & intramurals.	3
Maintain/upgrade athletic facilities.	3
Continue to offer community activities.	3
Continue and education-based approach to phy ed classes.	3
Stay in compliance with WI model academic standards in phy ed programs.	3

Other School-Based Wellness Activities	Rating
Access to free drinking water in each lunchroom.	3
Adequate space to eat with pleasant surroundings.	3
Adequate time for eating.	3

<b>Other School-Based Wellness Activities</b>	<b>Rating</b>
<b>Convenient access to handwashing/sanitizing stations.</b>	3
<b>Teacher to student incentives to include items other than food.</b>	2

<b>Policy Monitoring and Implementation</b>	<b>Rating</b>
<b>Offer all representatives the opportunity to meet to discuss policy.</b>	2
<b>Building administrators monitor for implementation of policy.</b>	3
<b>Child nutrition coordinator completes triennial assessment</b>	3
<b>Board updates public at meetings if changes to policy occur.</b>	3
<b>School newsletter informs families where to find policy and policy report card.</b>	3

## **Section 2: Progress Update**

The Ashwaubenon School District has recently adopted a new wellness policy. Unfortunately, this year has brought forth many challenges when it comes to safely participating in extra-curricular activities. However, in past years, we offer families the opportunity to participate in Family Gym Night at Pioneer Elementary School.

Teachers utilize nutrition in many different aspects of their curriculum, from math, to reading, problem solving, phy ed, science, etc.

Different schools offer different incentives to students based on their behavior. For example, Valley View offers The Hero program, and Pioneer offers the Jaguar Way Program to students which can be turned in for a variety of prizes.

The language of smarter lunchroom techniques is new to this policy, which means we have yet to start working on it. We will work on completing this once COVID-19 has been mitigated. Right now, we are focusing on safe, clean, germ-free environments.

## **Section 3: Model Policy Comparison**

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School Assessment Tool (WellsAT) for comparison of the Local Wellness Policy to a Model Wellness Policy. The WellsAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identified policy strengths and areas for improvement.

### **Local Wellness Policy Strengths**

The wellness policy is geared toward a healthy environment for students. The district has a very student-centered focus and aims to teach students healthy habits to carry into adulthood.

### **Areas for Local Wellness Policy Improvement**

When it's safe to do so, we will continue offering family focused events. School year 19-20 and 20-21 have been difficult to analyze due to the global pandemic. The district is currently focused on the health and safety of all students, while encouraging as much learning as can take place. The pandemic has allowed us to offer free meals to all students, which has been a huge benefit, especially at breakfast. In future years, we will continue to promote our breakfast program so that students are fed, ready to learn, and focused when school starts.

We have currently been focused on keeping the lunchroom a safe place for students, so have not been utilizing the Smarter Lunchroom assessment. When safe, we will implement techniques at each school.